

## Training Center Services

Lynden Training Center (formerly Alaska West Training Center) has been providing training in hazardous materials transportation, emergency response for hazardous materials, specialized rescue, Incident Command System, hazardous waste and work place safety training to Alaska since 1995. Lynden Training Center, a division of Alaska West Express, Inc., is 'the hands-on training facility'.

Our goal is to provide focused, intensive, professional development courses using hands-on training methodology to meet these needs. Classroom instruction followed by exercises and drills utilizing personal protective equipment in simulated response situations will significantly improve your skills and safety performance.

The Lynden Training Center uses course materials which meet or exceed emergency management, emergency response, environmental, safety and health laws, statutes, regulations and standards.

*We offer a better all-around product to our customers through industry-proven best practices supported by real world experiences, realistic training props and the Lynden family of companies.*



### Services Offered

- Safety Support and Development
- Contingency and Emergency Planning
- Exercise Development and Facilitation
- Training (on site, hands-on, customized)



### Real World Experience

Our team of instructors have a wide range of industrial (oil and gas, transportation, refining, and military) and emergency services experience. Including:

- Process and terminal operations
- Transportation operations
- Health, safety, security and environmental
- Municipal and industrial fire departments
- Specialized rescue teams
- Hazardous materials response teams

# Training Courses Offered

## Emergency Response:

- ▶ Hazardous Materials Awareness\*
- ▶ Hazardous Materials Operations\*
- ▶ Hazardous Materials Technician\*
- ▶ Incident Commander and Safety Officer
- ▶ Transportation Emergency Response Specialist courses
- ▶ Industry Specific Responder Specialist
- ▶ Emergency Response to Terrorism
- ▶ ICS-100, 200, 300
- ▶ Confined Space Entry and Rescue
- ▶ Rope Rescue Technician
- ▶ Fall Protection and Rescue
- ▶ First Aid, CPR and AED
- ▶ Wilderness First Aid

- ▶ Emergency Trauma Technician

- ▶ Fire Instructor I\*

## Hazardous Materials Transportation:

- ▶ Transportation General Awareness
- ▶ HazMat Transportation Surface Basic
- ▶ HazMat Transportation by Air Basic
- ▶ HazMat Transportation Waste
- ▶ Federal Motor Carriers Safety Regulations
- ▶ Fuel and Chemical Hauler Response

## Safety:

- ▶ Forklift and Equipment Operation
- ▶ Respiratory Protection
- ▶ Fire Extinguisher

- ▶ North Slope Training (NSTC)
- ▶ Petroleum Industry Safety and Health (PISH)
- ▶ Fish Processor Safety and Health (FPSH)
- ▶ Fall Protection
- ▶ Energy Control
- ▶ Confined Space Entry
- ▶ Hazard Communication
- ▶ Chemical Specific Courses
- ▶ Hazardous Waste Operations Site Worker (HAZWOPER)
- ▶ Methods of Instruction\*

Additional course information is available at [www.lynden.com/training](http://www.lynden.com/training)

\*State of Alaska accredited courses available

## Contingency and Emergency Planning

We will work with your personnel in identifying your exposures and developing comprehensive plans that will be ready when you need it. Our personnel will work with you to understand your needs and provide contingency plans that meet your goals. In addition, we will train your staff, mentor response teams and test your plans.

- Safety program development and implementation
- On-site training
- Program audits and reviews
- Emergency preparedness audits
- Accident/incident investigations
- Task Hazard and Job Safety Analysis
- Fire safety audits
- Worksite Observations
- Emergency Response Team development and training

## Safety Support

Our personnel have assisted with providing “boots on the ground” support for some of Alaska’s larger projects. They can be utilized for both long and short term projects. Their support can include:

## Exercise Planning and Execution

We can plan and execute exercises that are developed for your specific requirements. Our personnel have real-life experience in actual incident response management. They have expertise in planning drills, tabletops, functional exercises, and full-scale

exercises that meet the National Preparedness for Response Exercise Program (NPREP) guidance.

Our services include design and execution of drills, tabletops, functional exercises, and full-scale exercises. Our personnel are made up of professionals from public and private agencies. Their experiences allow us to integrate both public and private organizations into the exercises leading to a true representation of a real world incident. During the planning phase we can provide organizational training to prepare personnel for function-specific positions. Post-exercise services include exercise critique, action item development, and training support.

\*University of Alaska Fairbanks college credits available for HazMat Operations, HazMat Technician, Incident Command and Safety Officer, and Methods of Instruction.

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The Lynden Family of Companies